

2KM 6KM 12KM EVENT DAY PROGRAMME

Time	Event	Where
7.30am	Registration Opens	Civic Square
8.30am	START 2km Grassroots Trust Kids Challenge Year 3-4	Victoria St
8.50am	Year 5-6	Victoria St
9.00am	Year 7-8	Victoria St
9.00am	Kids FUN ZONE Opens	Civic Square
9:30am	Registration Closes	
10.00am	START 12km & 6km Run	Victoria St
10.05am	START 12km and 6km Walk	Victoria St
10:20am	APPROX First 6km Finishing	
10:38am	APPROX First 12km Finishing	
10.30am	PRIZE GIVING 2km Grassroots Trust Kids Challenge	Stage Garden Place
10:50am	Live Entertainment on main stage	Stage Garden Place
1.00pm	PRIZE GIVING	Stage Garden Place
2.00pm	Gear Storage CLOSSES	Civic Square

new zealand HOME LOANS
ROUND THE BRIDGES  2011

2KM 6KM 12KM

YOU'RE DOING IT!

SUNDAY • 13 NOV • HAMILTON



IN ASSOCIATION WITH **hamilton** | SPONSORED BY **CLASSIC HITS 98.5** | SUPPORTED BY **grassroots TRUST** **WEL ENERGY TRUST** **TRUST WAIKATO** | PROUDLY MANAGED BY **leisure** | A HAMILTON CITY HAWKS EVENT **HAMILTON CITY HAWKS**

CMV K | **POWERADE** | **BONITA** | **RICOH** | **MIZUNO** | **W.M.G. Waikato Motor Group** | **THE UNIVERSITY OF WAIKATO**

PROUDLY SUPPORTING OUR CHARITIES: **ARTHRITIS NEW ZEALAND** **McKENZIE CENTRE** **BUDDY DAY**

ROUNDTHEBRIDGES.CO.NZ

COURSE MAP



YOU'RE DOING IT!

Have a fantastic day at New Zealand Home Loans Round The Bridges!

START TIMES

2KM GRASSROOTS KIDS CHALLENGE

START ZONES	LINE UP COLLINGWOOD ST	START TIME
YEAR 3-4	8.10am	8.30am
YEAR 5-6	8.30am	8.50am
YEAR 7-8	8.50am	9.10am

6KM AND 12KM RUN AND WALK

All participants line up in different Start Zones, based on speed. This will ensure a smooth start for all.

The sticker colour on your race number indicates your Start Zone. Please line up in the correct Start Zone.

Your Start Zone colour is based on your estimated finish time you indicated when you entered the event.

START ZONES	EXPECTED FINISH TIME	
	12KM	6KM
ELITE	Front line up	NA
RED	Under 60mins	Under 30mins
YELLOW	60-70mins	30-35mins
PURPLE	70mins +	35mins +
BLACK	Walkers	



COURSE KEY

- 12KM COURSE →
- 6KM COURSE →
- KIDS COURSE →
- DRINKS ☕
- TOILETS 🚻

FACILITIES ON COURSE

Check the course map on the previous page for drink stations and toilets. The course will feature a distance sign every 1km.

TIMING

You will be electronically timed by a timing chip attached to your shoelace. Your time starts when you cross the start line. Timing chips need to be handed in after your run or walk.

PHOTOS

Marathon Photos will be on hand to take your photo on course and as you cross the finish line.

CERTIFICATES

Get yourself a personalised certificate. Available after prize giving by taking your race number to Registration.

RECOVERY ZONE

The Recovery Zone is located near the finish line. Sit in the shade, enjoy a drink and some recovery food – available free to all participants. And for a small contribution give yourself a real treat... a massage!

GEAR STORAGE

Gear storage will be available at Registration in the Hamilton Reception Lounge. Gear check will close at 2pm.

HEALTH AND SAFETY

Please note that all parts of the course are open to the public and traffic. Always follow the directions of marshals and event staff.

MEDICAL INFORMATION

Please fill in the medical information on the back of your race number. St Johns Medics are located in Garden Place and will be in contact with event staff around the course.

SUN SAFE

Cover up, wear a hat and sunglasses, apply sunscreen at least 15 minutes before the start. Try to stay in the shade once you have finished. There will be FREE sunscreen, placed around Garden Place.

STAY HYDRATED

Make sure you stay hydrated throughout the day. Drink before, during and after your run or walk.

